The EN:SPIRE Clinic

Renee McGregor, BSc(hons)PGDIP(diet) RD PGCERT(sportsnutr)SENr
Specialist in REDs, Eating Disorders, Female Athletes and Athlete Health

            Dr. Nicky Keay BA, MA (Cantab), MB, BChir, MRCP

Sports and Dance Endocrinologist

bloodwork@reneemcgregor.com

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Re: {{client.name}}

I am writing to you regarding the above patient. They have given me consent to request some blood results as we have them booked in for a consultation. Are you able to test for these biomarkers :

LH – Luteinizing Hormone

FSH – Follicle-stimulating hormone

PRL - Prolactin

Oestrogen/Testosterone

Vit D

Iron

TSH – Thyroid-Stimulating Hormone

T4 - Thyroxine

Cortisol

WCC – White blood cell count

Please do not hesitate to contact me if you have any questions.

For security reasons, we recommend uploading any completed results to our secure document uploader [here.](https://live.vcita.com/site/reneemcgregor/upload-document) Please ensure when doing this, you use the email address you used when signing up for our services.

Regards,



(electronically signed for speed of delivery)

Renee McGregor and Dr Nicky Keay

Sports and Eating Disorder Specialist Dietitian