A logo of a mountain with a sun behind it

Description automatically generated

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Registered Dietitian HCPC DT0715  
Specialist in REDs, Hormonal Health, Female Athletes and Athlete Health

Date: <ENTER DATE>

Re: <ENTER NAME>

I am writing to you regarding the above patient.

They have recently requested an appointment within our clinic and have given me consent to request some blood tests we require to complete a full assessment of their physical and hormonal health, which will enable us to support and provide appropriate management of their care.

I look forward to working in collaboration with you.

It would be hugely appreciated if you are able to test the following markers:

LH – Luteinizing Hormone

FSH – Follicle-stimulating hormone

PRL - Prolactin

Oestrogen/Testosterone

Vit D

Iron

TSH – Thyroid-Stimulating Hormone

T4 - Thyroxine

Cortisol

WCC – White blood cell count

Please do not hesitate to contact me if you have any questions.

Regards,



(electronically signed for speed of delivery)

Renee McGregor

Sports Dietitian and Clinical Specialist